



WAVAW
rape crisis centre

Gender Diverse People Deserve Safe Relationships.

Everyone deserves relationships that are safe, joyful, and which celebrate our boundaries. Whether you're in a long term relationship or casually hooking up, you deserve respect and pleasure.

Most resources about relationship violence are written for straight and cis people, so it can be hard to recognize signs of abuse for Two Spirit, trans, and nonbinary people.

Healthy relationships can look like....

A wide support network, and spending time with friends

Celebrating connection to our culture

Honoring our right to make choices about our body, including medical transition

Open conversations about sexuality that don't stigmatize our desires

Room to grow and explore our identities

Being able to talk about how transmisogyny and transphobia impacts us

Celebrating our gender identity and expression

This is not a complete list! What does a healthy relationship feel like to you?

Abusive relationships can look like....

Pressure to be more or less 'out' than is right for us

Being pressured into sex we don't want

Controlling access to hormones or gender affirming supplies

Not using our chosen name or pronouns

Threatening to cut us off from our communities

Threats to harm themselves if we leave

Controlling our finances or housing

This is not a complete list! You can call WAVAW if you are concerned.

WAVAW is here for you.

WAVAW offers specialized support services for gender diverse survivors.

- ~ 24-hour Crisis and Information Line
- ~ 24-hour Hospital Accompaniment
- ~ WAVAW Connect: Crisis text and chat support
- ~ Specialized one-to-one and group counselling for Indigenous and trans survivors
- ~ Specialized support for Indigenous and trans survivors accessing the medical and legal system

All of our services are free, and trans and Indigenous survivors are invited to access either our specialized services or our general services. Survivors will not be asked for their legal name or gender when accessing WAVAW.

24 - Hour Crisis and Information Line:

1-877-392-7583

wavaw.ca

@wavawrcc