



Thank you for fundraising for Salal!

If copywriting isn't your thing, we've got you covered! Use these ready-to-share messages to introduce Salal, tell people why you're fundraising, and invite your community to support survivors.

About Salal Sexual Violence Support Centre

Short Description

Salal Sexual Violence Support Centre, located in Vancouver, is B.C.'s largest sexual assault centre. Since 1983, Salal has provided free, survivor-centred support to women, Two-Spirit, trans, non-binary, and gender diverse survivors of sexualized violence.

Salal's [Immediate Support](#) includes: 24-Hour Crisis & Information Line, Text & Chat Support, Hospital Accompaniment & Post-Assault Health Care, and Police Accompaniment.

Salal's [Ongoing Support](#) includes: Individual Counselling, Group Counselling & Support Circles, Indigenous Support Program, and Legal & Reporting Support.

Salal also works to create a world free from sexual violence by challenging harmful systems and advocating for social change. Through education, workshops, outreach, and community action, Salal promotes violence prevention and builds more supportive communities where survivors are believed and supported.

Short Version for Posters and Events

I'm raising funds for Salal Sexual Violence Support Centre, B.C.'s largest sexual assault centre, based in Vancouver. Salal provides free support and care to survivors of sexualized violence, including crisis support, counselling, and hospital accompaniment. Your donations help make this care possible. Thank you for standing with survivors!

Copy-and-Paste Messages

Feel free to personalize these messages to share why Salal matters to you. Just add your fundraising link, and you're ready to go!

Social Media Announcement

I'm hosting a fundraiser in support of @salalsvsc! Salal provides free support to survivors of sexualized violence, including crisis support, counselling and hospital accompaniment. I'd love your support. Donate here: [ADD FUNDRAISING LINK]. Thank you for standing with survivors!

Sample Message to Friends, Family or Coworkers

Hi! I'm raising money for Salal Sexual Violence Support Centre because I believe every survivor deserves to be heard, believed and supported. If you're able, please consider donating to my fundraiser. Any amount helps sustain free services for survivors. Here's the link: [ADD LINK]. Thank you!

Sample Message Explaining Why Your Support Matters

We all have a role to play in supporting survivors and shifting society. You don't need to have all the answers to make a difference. Every small step matters, and together, we can help build a world where survivors are believed, supported, and never alone.

What Your Gift Can Provide

- \$50 provides 50 minutes of support through Salal's 24-Hour Crisis & Information Line.
- \$100 provides 90 minutes of individual counselling, offering survivors compassionate, survivor-centred care.
- \$175 provides hospital accompaniment for a survivor, including emotional support and advocacy.
- \$300 provides a Support Circle for up to 14 survivors to connect and heal in community.

Your Support Helps Make Care Possible

Every donation helps Salal provide free, compassionate support to survivors of sexualized violence.

Here's what Salal's team delivered last year:



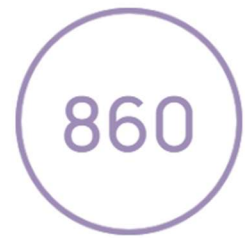
**Crisis Line Calls
Answered**



**Survivors
accompanied to
the hospital for
post-assault
medical care**



**One-To-One
Counselling
Sessions Offered**



**Online chat and
text support
sessions delivered**

4,083 Crisis Line calls answered; 77 survivors accompanied to the hospital for post-assault medical care; 1,407 one-to-one counselling sessions offered; and 860 online chat and text support sessions delivered.

Need a logo, donation link or help with your wording?

Email fundraising@salalsvsc.ca or check out our website www.salalsvsc.ca/about-us

Tag Salal on Social Media!

Help spread the word about your fundraiser by tagging Salal in your social media posts! We'd love to see what you're doing and help share your fundraising efforts with our community.

Follow us for updates on our services, events, and ways to support survivors.

- **Instagram:** [@salalsvsc](https://www.instagram.com/salalsvsc)
- **Facebook:** [@salalsvsc](https://www.facebook.com/salalsvsc)
- **Twitch:** [@salalsvsc](https://www.twitch.tv/salalsvsc)
- **YouTube:** [@salalsvsc](https://www.youtube.com/salalsvsc)